#### CHARTIERS TOWNSHIP COMMUNITY CENTER

OCTOBER 2018

### 724-485-2126 --- parks@chartierstwp.com

SUNDAY	MON.	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Closed	2 9am Midline Momentum 10:15am Yoga 10:30am Bingo 11:45 Zumba 6pm Tai Chi \$5 6:30 Rec Committee Mtg	3 9:30am Zumba 10:30am Yoga 11:30am Line Dancing 6:00pm Line Dancing	4 12:30pm Knitting & Crochet Club 5:30pm Zumba 7pm Rental	<b>5</b> 10:30am Bridge/Bingo	<b>6</b> Rental 12pm
<b>7</b> Rentals 9am 1pm	Closed 6:30pm Ballroom/ Latin Dance Class - \$10	9 9am Midline Momentum 10:15am Yoga 10:30am Bingo 11:45am Zumba	9:30am Zumba 10:30am Yoga 11:30am Line Dancing 6:00pm Line Dancing	1 1 12:30pm Knitting & Crochet Club 5:30pm Zumba 7pm Rental	<b>1 2</b> 10:30am Bridge/Bingo	<b>1 3</b> Rental 10am
<b>1 4</b> Rental 8am 1pm	1 5 Closed	9am Midline Momentum 10:15am Yoga 11:00am Senior Luncheon & Mtg 12:30 Bingo 6pm Tai Chi \$5 per person	9:30am Zumba 10:30am Yoga 11:30am Line Dancing 6:00pm Line Dancing	1 8 12:30pm Knitting & Crochet Club 5:30pm Zumba 7pm Rental	<b>19</b> 10:30am Bridge/Bingo	<b>2 0</b> Rentals 12pm
<b>2 1</b> Rental 8am 1pm	Closed 6:30pm Ballroom/ Latin Dance Class - \$10	9am Midline Momentum 10:15am Yoga 10:30am Bingo 11:45am Zumba 5:30pm Rental	9:30am Zumba 10:30 Yoga 11:30am Line Dancing 6:00pm Line Dancing 6pm - 8pm Paint & Sip - \$25	2 5  12:30pm Knitting & Crochet Club 7pm Rental	<b>2 6</b> 5am Rental 10:30am Bridge/Bingo	<b>2 7</b> Rental 10am
2 8  Rental 8am 1pm	29 Closed	3 0 9am Midline Momentum 10:15am Yoga 10:30am Bingo 11:45am Zumba 5pm Rental	<b>3 1</b> 9:30am Zumba 10:30 Yoga 11:30am Line Dancing			

## You are responsible to bring your own equipment for fitness classes Fitness Class Rates:

Chartiers Twp. Resident: \$8.00 per class
Non-Resident: \$10.00 per class
Senior: \$5.00 per class
(You don't have to be a resident to get the senior rate)

All other class rates are as marked on schedule

Classes and Events may be cancelled or changed without prior notice.

### Senior Lunch Menu

October 4, Lunch & Learn, 11:00am

Guest speaker is Bob Harania of Medicare Advantage & Medicate Supplements

Menu - Meatloaf with gravy, pierogies, tossed salad with fresh vegetables, fresh fruit, cookies, and 2% milk. Donations of \$2 or more suggested.

October 16, Senior Business Meeting, 11:00am

Guest speaker is Townview Health and Rehabilitation to speak about how to avoid the flu.

They will provide ice cream sundaes.

Menu - Pot roast, baby baked potatoes with sour cream, tossed salad with fresh vegetables, carrot cake, and 2% milk. Donations of \$2 or more suggested.

Flu Shots provided October 16 by Rite Aid - 10am-11am. Please bring your insurance card.

Volunteer Luncheon - Those that receive an invitation will be asked to come to the senior room on November 1st.

\$9 per person - advance reservations required (Senior Center Annual Membership Rate= \$3.00)

# Give us a call at the Community Center: 724-485-2126